

## Day Seven

### The Sabbath Established at Creation

Last week we discussed Day One of the Creation Week. We can jump ahead to Genesis 2:1-4 for today's discussion on The Seventh Day, the Sabbath. But we shouldn't proceed without at least filling in the other five days:

Day 2- Genesis 1:6-8 (Divided waters and established the heavens)

Day 3- Genesis 1:9-13 (Dry land and vegetation)

Day 4- Genesis 1:14-19 (lights in the firmament of the heavens, Sun, and Moon)

Day 5- Genesis 1:20-23 (Birds and fish)

Day 6- Genesis 1:24-31 (Beasts of the earth, creation of man male and female)

The Seventh Day begins in **Genesis 2:1-4**- "Thus the heavens and the earth were finished, and all the host of them. And by *the beginning of* the seventh day God finished His work which He had made. And He rested on the seventh day from all His work which He had made. And God blessed the seventh day and sanctified it because on it He rested from all His work which God had created and made. This is the account of the heavens and of the earth when they *were* created; in the day that the LORD God made the earth and the heavens,"

The Sabbath is *the* one-day God set aside **at the time of creation**. God did not rest because He was tired. He ceased from His work but did not halt His spiritual work.

We are commanded to keep the Sabbath in **Exodus 20:8-11**- “Remember the Sabbath day to **keep it holy**. Six days you shall labor and do all your work. But the seventh day *is* the Sabbath of the LORD your God. In it you shall not do any work, you, nor your son, nor your daughter; your manservant, nor your maidservant, nor your livestock, nor the stranger within your gates; For *in* six days the LORD made the heaven and the earth, the sea, and all that *is* in them, and rested the seventh day. Therefore, the LORD blessed the Sabbath day and sanctified it.”

Adam and Eve were not Jews. The tribe of Judah did not exist for nearly two-thousand years when Jacob’s (Israel) sons established the twelve tribes. Jacob’s wife, Leah, gave birth to their fourth son and named him Judah, which means, “celebrated or praised.”

God honored Judah in **Genesis 49:10**- “The scepter shall not depart from Judah, nor a lawgiver from between his feet, until **Shiloh** come. **And to Him** shall be the obedience of the people.”

This negates any thoughts on the Sabbath being for the “Jews.” It was created for mankind. It is the one day out of seven that we can have that One-on-one relationship with God.

This day set aside at Creation was for our benefit. It is one day we can fellowship with God and each other. We set away our regular weekday routines and “rest” (cease) from doing them. Our focus is on God, growing in our relationship with Him *through* His Word and our *worship* of Him. It is a time for fellowship and learning, growing, and understanding God’s Word.

**2 Timothy 3:15-17-** “And that from a child you have known the Holy Writings, which are able to make you wise unto salvation through faith, which *is* in Christ Jesus. All Scripture *is* God-breathed and *is* profitable for doctrine, for conviction, for correction, for instruction in righteousness; So that the man of God may be complete, fully equipped for every good work.”

God gave us His true Sabbath to keep us in the right knowledge and proper worship of Him, the One true God. How can the Sabbath identify the One true God from a false god? Can’t this be done on a Sunday as well?

**Exodus 31:16-17-** “Therefore the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generations as a perpetual covenant. It is a sign between Me and the children of Israel forever; for in six days the LORD made the heavens and the earth, and on the seventh day He rested, and was refreshed.’ ”

**Ezekiel 20:12-** “And also I gave them My Sabbaths to be a sign between Me and them, that they might know that I am the LORD Who sanctifies them.” (**Ezekiel 20:19-20**).

God did not rest on a Sunday (the first day of the week). We know from our studies that man changed the seventh day Sabbath to Sunday without any scriptural authority. Set aside at creation, the seventh day is a memorial to the act of God’s creating. The Sabbath was sanctified as no other day is a remembrance of creation.

Do Sunday churchers believe they are truly “set apart?” How can they expect to truly know God when they cannot agree with Him on the day **He chose** to set apart?

“Can two walk together unless they be agreed?”- **Amos 3:3**.

God is identified on the Sabbath. We assemble and worship Him on this day as a memorial to *whom we worship*, our Creator. Our keeping the true Sabbath *identifies us* as being set apart by Him.

**Exodus 31:13**- “Speak also to the children of Israel, saying, ‘Truly you shall keep My Sabbaths, for it *is* a sign between Me and you throughout your generations to know that **I am the LORD Who sanctifies you.**”

Just as the Sabbath was sanctified for holy use, by us keeping it, we too are sanctified for His Holy purpose. The true Sabbath identifies God and His people! Keeping Sunday is *not* keeping the Sabbath but is breaking the Fourth Commandment. What happens when you break one Commandment? (**James 2:10**)

Since this *is* a Bible Study, scriptural overload on this subject is more than possible. Jesus Himself read scripture in the temple on the Sabbath.

**Luke 4:16-** “And He came to Nazareth, where He had been brought up; and according to His custom, He went into the synagogue on the Sabbath day and stood up to read.”

You might want to rethink your eternal duties if this seems a bit much as I am quite certain being in the Kingdom *fulfilling an everlasting role will involve more scripture than we could ever cover on a Sabbath.* Knowing God’s word will arm us with His truth and if anyone who hears the scriptures and wants to argue, we can bow out as they are God’s words, not ours.

**Hebrews 4:12-** “For the Word of God *is* living and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of both soul and spirit, *and* of both *the* joints and *the* marrow, and *is* able to discern *the* thoughts and intents of *the* heart.”

**1 Thessalonians 5:21-** “Prove all things. Hold fast *to that which* is good.”

**Hosea 4:6** is so fitting as we miss so much truth because we fail to read, know, and understand the word of God and keep His Commandments.

It was easy for Satan to sneak in with his counterfeits. Many pagan ideas and worship practices lead to a diluted and compromised truth. It has only gotten worse over the past two thousand years. Emperor Constantine's compromise combining Christianity and sun-god worship, changing the Sabbath to Sunday really opened the door to the enemy. This compromise led to the development of some 30,000 denominations of Christianity. I am amazed at how anyone professing to be a minister of God, whether behind a box or wearing a fish hat can miss these scriptures or twist them with any clear conscience. Reading and sharing God's Word on the Sabbath with strengthen our faith.

**Romans 10:17-** "So then, faith *comes* by hearing, and hearing through *the* Word of God."

What better day to share God's Word than the Sabbath? Granted we are not limited to just this one day. We need to be into God's Word daily as well as constant prayer.

**Acts 17:10-11-** "Then the brethren immediately sent away by night to Berea both Paul and Silas, who, when they arrived, went into the synagogue of the Jews. Now

these were more noble than those in Thessalonica, for they received the Word with all readiness of mind and **examined the Scriptures daily** to see if these things were so.”

God knows if we are truly worshipping Him as He desires and on His true Sabbath. Our worship of God becomes vital in developing that personal relationship He wants with each of us. It is exemplified in our humble and contrite spirit in complete submission to His will and way of life. With our humble attitude, we will seek God and submit to His will in everything we do.

**1 Corinthians 10:31-** “Therefore, whether you eat, or you drink, or you do anything, do all things to the glory of God.”

In order to be submissive to Him, we must cry out to God.

**Psalm 119:36-40-** “Incline my heart to Your testimonies, and not to covetousness. Turn away my eyes from seeing vanity; give me life in Your Way. Fulfill Your word to Your servant, so that You may be feared. Turn away my reproach which I fear, for Your judgments are good. Behold, I have longed after Your precepts; give me life in Your righteousness.”

What better time to cry out to God than on His Sabbath? Without contact and fellowship with Him on His Sabbath and without submission to His will, there is no salvation. For those who think they can do things their own way, good luck. I hope the light bulbs are flickering and it dawns on us that we must be in total submission to Him.

If we *truly* desire to know God and have that personal relationship with Him, we must turn aside from “doing our own thing” on His Sabbath.

**Isaiah 58:13-14-** “If you turn your foot away from the Sabbath, *from* doing your own desires on My holy day, and call the Sabbath a delight, the holy of the LORD, honorable; and shall honor Him, not doing your own ways, nor pursuing *your own* desires, nor speaking *your own* words, Then you shall delight yourself in the LORD; and I will cause you to ride upon the high places of the earth, and feed you with the inheritance of Jacob your father, for the mouth of the LORD has spoken it.”

Prayer, searching the scriptures and spending time with Him are more productive **on the Sabbath** than any other day of the week. He gives six other days to do other things, but we *still* seek Him every day.

When we come to know God, worship Him genuinely in spirit and in truth, we grow in obedience, wisdom, and knowledge. Thus, **not knowing** God promotes disobedience and a complete lack of direction. We will never bear the fruit God desires from us. We know how this will end for those who do not.

“But already the axe is striking at the roots of the trees; therefore, every tree that is not producing good fruit is cut down and thrown into *the* fire.”- **Matthew 3:10**  
**(Matthew 7:19, Luke 3:9, John 15:6).**

Our Sabbath Worship thus becomes a *relationship* with God, characterized by our humble and contrite spirit, our complete submission to His will and way of life. When realize we are in the presence of God on the Sabbath, we open our hearts and minds to the infilling of **His Word** and His Holy Spirit. We become enlightened to a sense of dependency of how much we need contact with Him. This is how and why, when we really understand the concept of worshiping God,

everything we do becomes an act of worship, of love, adoration, of awe and reverence, we build the personal relationship He desires with each of us.

The course of action for our Sabbath conduct was established on the seventh day of Creation. It has not changed to Sunday nor will it ever no matter how holy anyone thinks they can make it. From the *beginning*, today is the day we worship our God.

**Isaiah 40:8-** “The grass withers, the flower fades; but the Word of our God shall stand forever.” Amen.

BL-01/31/26