

# Are You Weary of Doing Good?



**Read:** *Are You Weary of Doing Good? Spiritual Depression (CGG)*



## Threat to God's Church

**What is the biggest threat to the God's church today?**

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**Describe the threat in one sentence.**

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**Name 2 causes for this condition.**

1. 

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2. 

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**Why do you think this is such a threat to the Christian?**

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## The Battle for Holiness

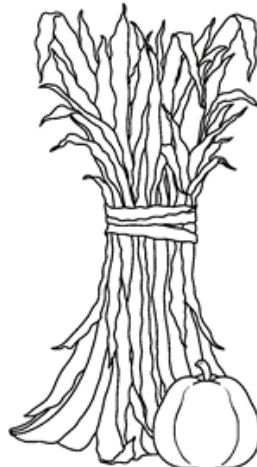
**Read Galatians 5:19-22. List some of the works of the flesh & all of the fruits of the Spirit in the table below.**

[illegible]

**Define holiness as it is explained in the passage.**

What we become depends largely on how we   e            e  . Our   h                          r   is shaped by our   o                          t  .

Holiness is a   a     t   & it is based on where & what we   o   every day in our Christian walk.





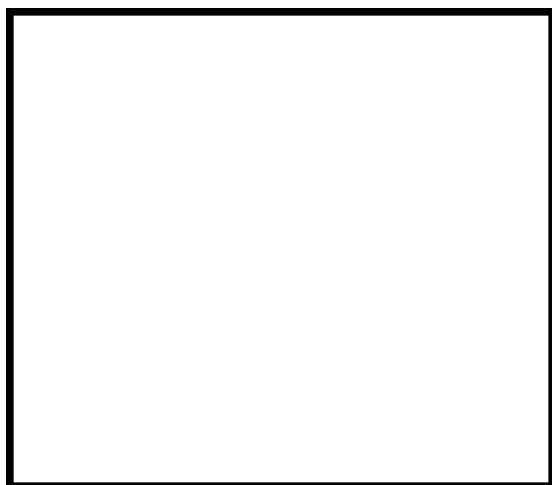
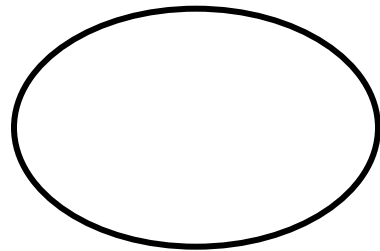
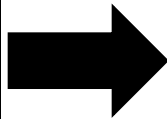
## Sowing Your Field

Read Galatians 6:1-18. Our harvest (outcome or measure of holiness) is dependent on *where* & *what* we sow every day. We have many daily choices about which \_f\_          \_d\_ we sow to as well as the \_q\_             \_y\_ of the seeds we sow.

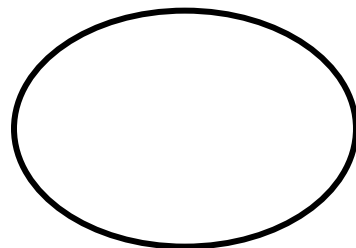
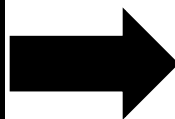
Every decision & choice we make is a seed that is sown in one of 2 fields. Below are 2 fields. In each field, place at least 4 examples of seeds sown into that field based on Gal. 6. In the circle, write the harvest resulting from seed sown in each field.



Field of the Flesh



Field of the Spirit





## Your Response

Think about your attitude & conduct related to your daily responsibilities & opportunities to sow seeds. Circle attitudes below that would glorify God & sow seeds in the Field of the Spirit.

Laziness

Procrastination

Obedience

Disobedience

Anger

Silliness

Sloppiness

Effort

Positivity

Complaining

Negativity

Apathy

# attitude



## True or False?

- \_\_\_ Good conduct produces good character.
- \_\_\_ Godly takes a lifetime to develop by sowing seed.
- \_\_\_ Human nature has complete control over what we choose.
- \_\_\_ The field of the flesh contains things inherent in our human nature.
- \_\_\_ We can become holy regardless of the seeds we sow.
- \_\_\_ We are helpless victims to human nature.
- \_\_\_ To crucify the flesh is to choose to sow in the field of flesh.



## Reaping a Harvest of Holiness

To reap a harvest of holiness, what 2 things must we do?

1. \_\_\_\_\_
2. \_\_\_\_\_

Reread Gal. 6:9. Write it out in the space below.

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## Doing Good to Others

Reread Gal. 6:10. Order whom we are directed to serve in the correct order below.

- \_\_\_ non-Christian neighbors
- \_\_\_ spiritual family
- \_\_\_ physical family
- \_\_\_ non-Christian friends

List 4 ways YOU can serve those in the body of Christ.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



### True or False?

- ☐ Faithful service is rewarded immediately on earth.
- ☐ You can earn everlasting life through good works.
- ☐ Well-doing is evidence of one's faith.
- ☐ Our physical families should be cared for before our spiritual families.
- ☐ Our attitude in encouraging others should be one of humility.
- ☐ The greatest challenge in keeping motivated to do good seems to happen during one's middle years.
- ☐ Sins can be acts of evil or failures to do something God expects.
- ☐ God can work through our works to touch others.



### Encouraging Scriptures

Throughout this study, there are many scriptures that encourage us to continue to do good by walking in the Spirit. They can be words of encouragement you can share with others in the faith as well.

List & write out 3 of your choices below.

Scripture Reference	Scripture



## Addressing Our Weariness in Doing Good

What is the first suggestion provided for those who may feel like giving up or giving in? (p. 9 & 10)

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What does it mean to “stir up the gift of God which is in you”?

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How does this “stirring up” impact others in addition to oneself?

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## Warnings about Growing Weary

What are 3 negatives we are warned about in growing weary of doing good? (p. 9-12) Below each one, list at least one example of what is meant.

1. \_\_\_\_\_

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2. \_\_\_\_\_

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3. \_\_\_\_\_

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Circle the number of the one you believe to be the most challenging for you to avoid. Why?

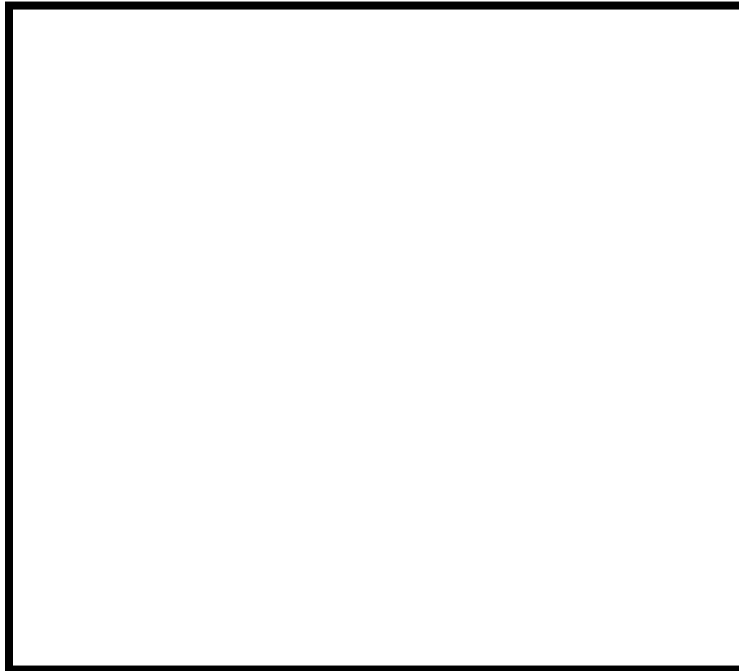
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## Spirit of Resignation

Describe the spirit of resignation by drawing a stick figure in the box to illustrate these feelings. (p. 10) List 5 words next to the box that describe the spirit of resignation.



Words describing  
the spirit of  
resignation:

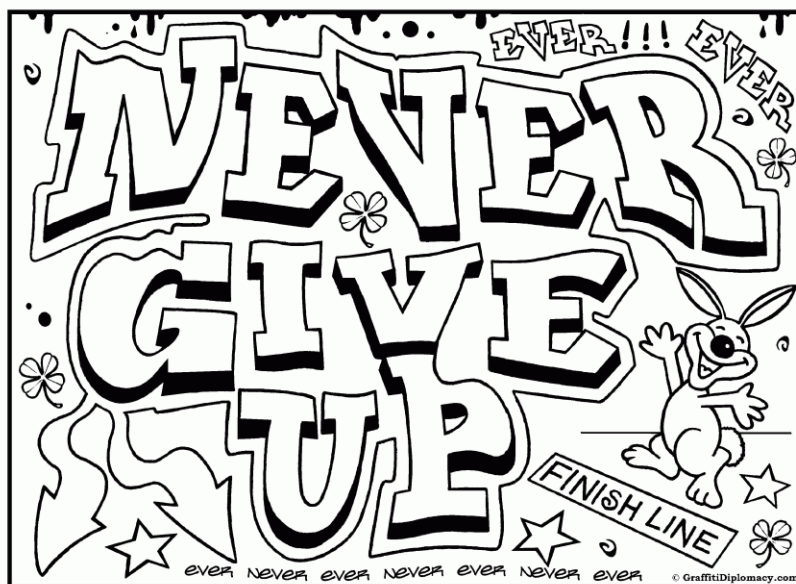
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## How to Avoid Growing Weary

**What are 3 positives or things we should do to avoid growing weary of doing good? List each below & include an example of what is meant below each one.**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



## Advice to a Friend

**What advice would you give to a friend who wanted to give up on doing good? Write it in the speech bubble below as if you were talking to him/her.**





## Self-Reflection

**What was the most interesting thing you learned today?**

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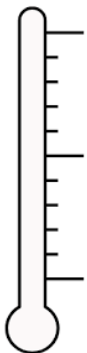
**What will you do differently in your life after going through this study today?**

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**Think about how you are sowing seed & how closely you are walking with God. Color in the degree of “hotness” or zeal you have today for those works listed below, both outwardly and inwardly. These works are part of the conduct we need to display to build godly character in our lives.**

**Speaking      Giving      Obeying      Praying      Studying      Thinking**



**What areas need improving in the coming months?**

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