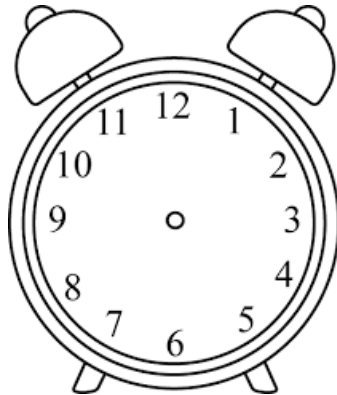


It's Not Our Time



Read: *It's Not Our Time* (CGG). You have been keeping the Sabbath for a while now but look for 3 new thoughts or insights in this passage about keeping the Sabbath. List them below.

1. _____
2. _____
3. _____



On the clock face above, place the hands when Sabbath began last evening.



Does God own time? Explain your answer.



Fill in the blanks below to show your understanding of the passage. Look back if you need extra help.

In what ways is the Sabbath made for man?

Keeping the Sabbath can be thought of as a “lordship issue” – who is Lord of my life – _____ or _____.

God compares the closeness He desires with us with the relationship between a _____ and a _____ on their wedding day.

God wants us to have Z E A L in our relationship with Him. How do you show your zeal for God in how you keep His Sabbaths?

God set aside and _____ the _____ day as His, a day of shabath. Shabath means _____.



IT'S TIME!

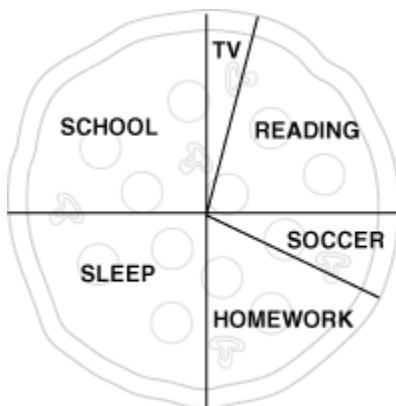


Using scripture as our guide, what are we to do and not to do on the Sabbath? Be specific with things YOU can and cannot do on the Sabbath.

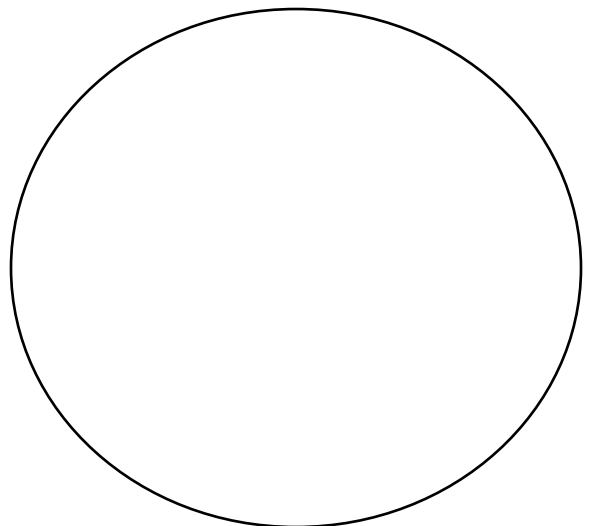
Sabbath To Do List	Sabbath Not To Do List



How do you spend time on the Sabbath? It should be much different than how you spend it on every other day. The circle chart of the left is an example of how you might spend time during a weekday. In the empty circle, create a pie chart showing how you spend time every Sabbath.



**How do
you
spend
time?**





Read Isaiah 58:1, 13-14. List 4 things God specifically asks us not to do on the Sabbath based on this passage?

1. _____
2. _____
3. _____
4. _____

That scripture also starts with the word “If”. What is God’s promise to those who keep His Sabbaths as He directs?

Give an example of what this might mean in your life.



God directs us to assemble on the Sabbath. Think of 5 words that describe the tone of the assembly His followers should have with one another as they assemble.



What do you say when a friend wants you to do something on the Sabbath?



Rate your level of devotion to God in keeping His Sabbath as He desires on a scale of 1 (not close at all) to 10 (very close).

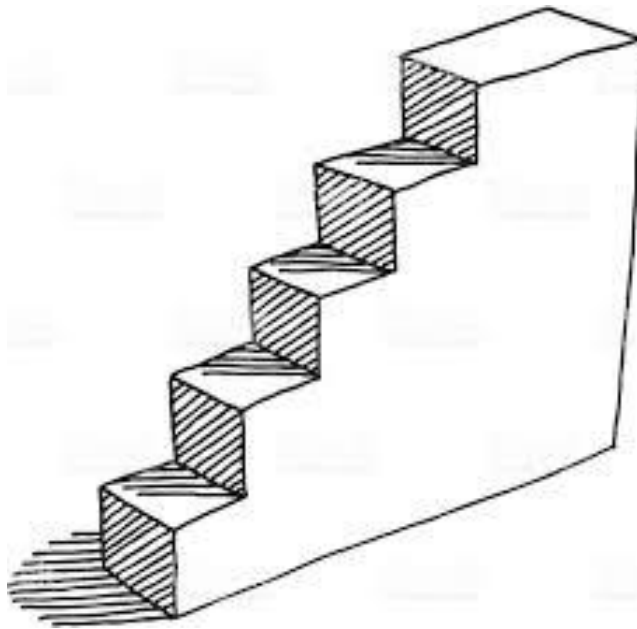
1

5

10

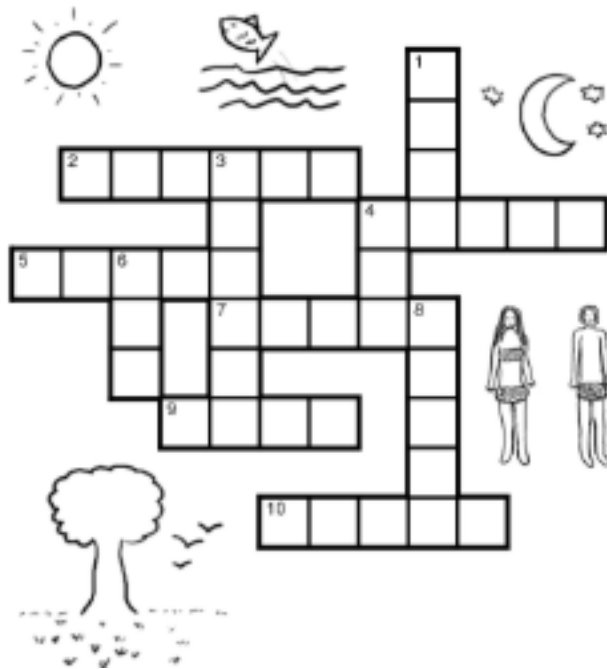


Based on the passage, what steps do you need to take to improve your dedication to God in keeping the Sabbath? Place each step on one of the steps below showing how you can better please Him in your keeping of the Sabbath.



Creation Activity Worksheet

by SundaySchoolResources.co.uk



Across

- 2 God created the moon on this day (6)
- 4 The earth was this before the creation (5)
- 5 God created these on the 5th day (5)
- 7 God created these on the 3rd day (5)
- 9 The name of the Garden the man and woman lived in (4)
- 10 God created this on the 1st day (5)

Down

- 1 The name of the man that God created (4)
- 3 God did this on the 7th day (6)
- 4 The name of the woman that God created (3)
- 6 God created the woman by taking this from the man (3)
- 8 God created land creatures on this day (5)



True or False?

1. God created and sanctified the 7th day at creation. _____
2. God wants us to be zealous in keeping His Sabbath. _____
3. God only loves us when we are not perfect. _____
4. I can develop a close relationship with God even when I consistently speak my own words on the Sabbath day. _____
5. We can have a close relationship with God even when we don't always keep His Sabbath. _____
6. We could face persecution for keeping the Sabbath. _____
7. God uses correction to teach us, not punish us. _____
8. God wants His bride to be pure in heart and thought when He returns. _____



God wants us to value the Sabbath and our time spent with Him. Create a schedule to show how you will start spending the Sabbath dedicated 100% to God.

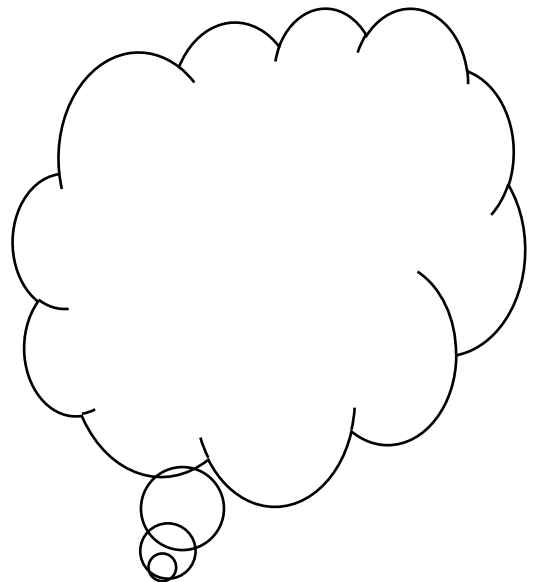
Time	Sabbath Activity



Write your prayer asking for forgiveness & expressing your desire to spend every Sabbath drawing closer to God. Then write what you believe God's answer to be in the other thought bubble.



My Prayer



God's Answer

