

4th Commandment



Read Exodus 20:8-11 & Deut. 5:12-15.

What is God's fourth command? Write it all out here:

Why do you think God goes into such detail on this commandment?



Read the passages: *The 4th Commandment – Part 5 (CGG) & FCF – 4th Commandment.*

The 4th Commandment tells us: (Check all that apply.)

<input type="checkbox"/> who we should worship	<input type="checkbox"/> how we should worship
<input type="checkbox"/> when we should worship	<input type="checkbox"/> why we should worship



What does it mean to “keep the Sabbath”?

Place an “X” next to examples of keeping the Sabbath properly.

<input type="checkbox"/> sunrise to sunset	<input type="checkbox"/> gather with Brethren
<input type="checkbox"/> speaking God’s words	<input type="checkbox"/> no work or hobbies
<input type="checkbox"/> prayer & study	<input type="checkbox"/> speaking own words
<input type="checkbox"/> advanced preparation	<input type="checkbox"/> resentful thoughts
<input type="checkbox"/> repentant thoughts	<input type="checkbox"/> encouraging others



Honoring God on the Sabbath

List 6 words that describe God’s concern for how we keep the Sabbath. Each word is featured in the reading passage. The first letter of each has been done for you.

<u>_D</u> _____	<u>_R</u> _____	<u>_M</u> _____
<u>_D</u> _____	<u>_A</u> _____	<u>_F</u> _____



True or False?

- _____ God expects our devotion to Him on the Sabbath.
- _____ It is possible to displease God while keeping the Sabbath.
- _____ The Sabbath can also be kept on Sunday.
- _____ We must believe the Sabbath to be a delight to please God.
- _____ Preparation is an important part of keeping the Sabbath.
- _____ Our focus on the Sabbath should be 100% on Him.
- _____ The “ox in the ditch” is a valid excuse for not being prepared in advance.



Your Pleasure

Think of 6 things you consider “pleasure” that you can do 6 days of the week but should avoid on the Sabbath.

_____	_____	_____
_____	_____	_____

Describe what the content of our fellowship discussions should be on the Sabbath when we gather together. How does our fellowship measure up to God’s standards? Place an “X” on your rating.

1

5

10





Fill in the Blank

God intends that we keep the Sabbath free from

_____.

God may occasionally _____ us in keeping the Sabbath since keeping the Sabbath is an act of _____.

God promises a _____ to those who are faithful in keeping the Sabbath.

The Sabbath was sanctified by _____ during the _____ for all people through _____.

The “ox in the ditch” phrase means that

Give some examples of how people defile the Sabbath.

What is God’s promise to those who faithfully keep His Sabbaths?

How does the image at the top of the front page relate to keeping the 4th Commandment?



Many Pray, Few Obey

How does the Parable of 10 Virgins depict God's thoughts about those who truly keep this commandment? Explain below.




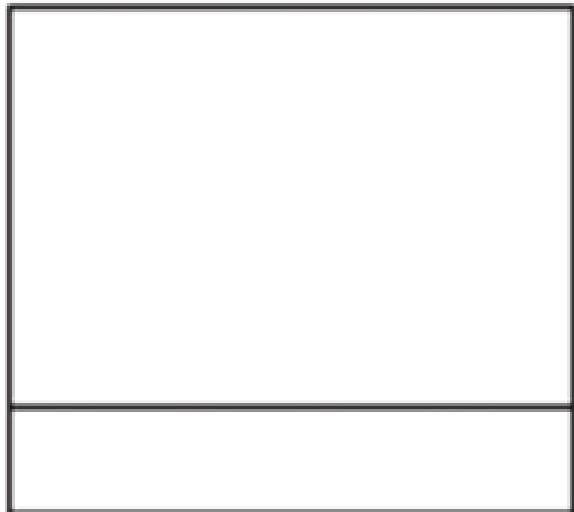
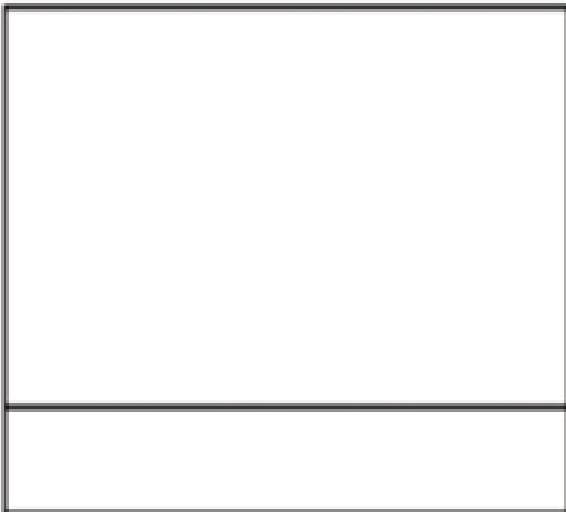
What does this passage have to do with keeping the Sabbath?



Making Meaningful Words

Use the letters in the word "sanctified" to create 3 words related to the 4th Commandment. Write them in the blanks below.

Draw a picture illustrating how you make the most of God's Sabbath day in each box below. Label your picture.

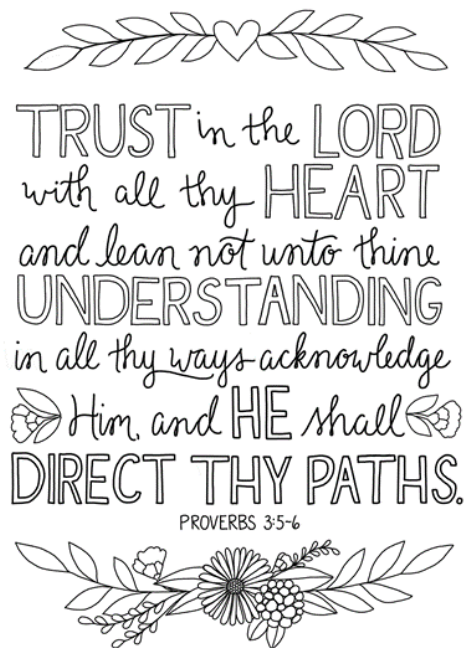




Keeping the Sabbath

What do these scripture references have to do with keeping the Sabbath?

Scripture	Relationship
Isaiah 58:13-14	
Proverbs 14:12	
Matthew 12:34	
Malachi 3:16	
Exodus 16:23, 27-29	





Self-Reflection

How well do you keep His Sabbath in practice and attitude?

HOW IS YOUR WALK?



Rate Yourself

Rate your level of devotion to God in honoring His Sabbath as He desires on a scale of 1 (not close at all) to 10 (very close).

1

5

10



What is one way you will start using the Sabbath to get to know God better & deepen your walk with Him?
