

# **First Century Fellowship**

## **Lesson: Do You Have the Sign of God – Part 2**

### **Summarized Content:**

- **Review:** The Bible mentions keeping the Sabbath 126 times in the OT and 61 times in the NT, making it very important to God.
- **Review:** We cannot please God or worship Him in spirit and in truth without keeping His Sabbath.
- **Review:** God's perspective and man's perspective on things can be very different.
- **Review:** God's sign is those who know Him and keep His commandments. His Sabbath is one of those commandments.
- So why do most people keep Sunday rather than Saturday? The Catholic Church changed this and even admits that the correct Sabbath, the one Jesus kept, is on the 7<sup>th</sup> day.
- Sabbath (Shabbath) means to rest.
- Obedience to God (due to fear) is the beginning of wisdom...
- Obedience to God means dying to self and placing Him first.

### **Scriptures:**

- Ezekiel 20: 12, 19-20
- I John 1:6-7
- I John 2:3-6
- Galatians 5:24

### **Activities:**

#### **Exploring God's Word:**

- Review new examples and non-examples of keeping the Sabbath.
- Take another look at the illusion pictures and ask children what two perspectives were discussed last week. Discuss what we need to do in order to begin seeing things God's way or with His perspective (obedience & keeping His Sabbaths).
- Read the scriptures above and discuss each as a group.

## Understanding God's Word (choose from the activities below):



**Which Ways are God's Ways? Worksheet:** Ask children if they were ever not sure what God would want them to do on the Sabbath. Ask them how they know someone believe in and follows the true God of the Bible. Discuss Rev. 22:14 and which ways the signs are pointing. Ask children to think of some of God's ways to write into the signs pointing right and Satan's ways in the signs pointing left.



**My Sabbath Sticks:** As a group, brainstorm activities that would be appropriate to do on God's Sabbath. Provide children with additional Sabbath activity ideas. Have them place a different activity idea that they like on one of large popsicle sticks, either by writing them on the sticks or gluing them on the sticks. Suggest that the children add more ideas as they think of them and add them to the can. Provide them with extra sticks. Explain that when they are not sure what to do on a Sabbath that they can go to the container and pull out an activity.



**My Sabbath Sticks Container:** Provide children with a container for the popsicle sticks, either a can, cardboard container, or something similar. Provide them with a variety of craft supplies, paper, and other decorative items so that they can decorate this container to their unique tastes. Ensure that each of them place the following on the can: ***Sabbath Sticks – Isaiah 58:13-14.***



**Heart Magnets or Heart Clips:** Remind children that every time they keep the Sabbath and Holy Days, they draw closer to God. By their obedience, they are honoring God and showing their love for Him. Allow children to decorate heart magnets or clips with the following scripture on it: ***John 14:15.***



**Remember the Sabbath Day Coloring Page:** Have the children color the picture and place the current Sabbath date on it, as well as reference to the 7<sup>th</sup> day.