

First Century Fellowship

Lesson: Do You Have the Sign of God – Part 1

Summarized Content:

- **Review:** Examples and non-examples of keeping the Sabbath
- **Review:** The Bible mentions keeping the Sabbath 126 times in the OT and 61 times in the NT, making it very important to God.
- **Review:** We cannot please God or worship Him in spirit and in truth without keeping His Sabbath.
- God's perspective and man's perspective on things can be very different.
- God's sign is those who know Him and keep His commandments. His Sabbath is one of those commandments.
- Though many people feel we can choose which day to keep as His Sabbath, God is very clear in the Bible on which day to keep – the one He ordained at Creation, the 7th day.
- Jesus and His kept the Sabbath, and He made it clear that we are only connected to the vine if we live in obedience to Him.

Scriptures:

- **Exodus 20:8**
- **Exodus 31:13**
- **Isaiah 58:13-14**
- **John 15:10**

Activities:

Exploring God's Word:

- Review examples and non-examples of keeping the Sabbath.
- Examine the 2 picture illusions and discuss different perspectives. As you look at the GOOD/EVIL picture, discuss the differences between how many people see themselves one way while God made see themselves a different way, all because of their "sign", or lack of obedience to His Word.
- Read the scriptures above and discuss each as a group.
- Discuss whether or not you feel it is "fair" for God to require certain days and why.

Understanding God's Word (choose from the activities below):



God's Calendar/Our Calendar: On a year-long calendar, mark the Sabbaths (7th days and Holy Days) with a circle or an underline. Have the children count the number of days in a year belonging to God (69) and the number He gives us in which to do our pleasure (296). Figure out the percentage of days God requires (19%) and the percentage of days He gives us (81%). Discuss fairness again.



7 Reasons to Keep the Sabbath Worksheet: Review the scriptures already read, by helping the children complete the worksheet. Explain that these are all great answers for when others ask why keeping the Sabbath is so important.



Color Some Signs of God: Discuss and color each sign of God on the Signs of God worksheet. Discuss why each is/was a sign of God or why it is not.



King's Kid Dog Tag: Discuss the reason for dog tags in the military and how they show to whom individuals belong. Explain obeying God by keeping His Sabbaths is a sign to Him that you are one of His children, sort of like wearing an imaginary dog tag reading: King's Kid. Allow children to glue a variety of paper and stickers, and use markers or paint to decorate a wooden dog tag labeled: King's Kid. Attach a colored twine through it for hanging.



Measuring My Sabbath Activities Picture: Cut out colored paper rulers and a variety of colored paper to decorate a black piece of construction paper. Write the following on it: Measuring My Sabbath Activities to God's Standards – God's Pleasure, Gather Together, Study & Learn, God's Thoughts & Words. Finish with Isaiah 58:13-14. Discuss a variety of activities and whether or not they "measure up" to God's standards for the Sabbath as you work on the projects.



In the Vine Coloring Page: Have the children color the vines and re-read the John 15 scripture for greater understanding.